

**AMENDMENTS TO THE SPECIFICATION**

Please amend the paragraph beginning on line 13 of page 11 to read as follows:

In a preferred embodiment of the present invention, a nutritional supplement composition includes 25 to 2500 mg alpha-lipoic acid[[],]; 25 to 2500 mg resveratrol, and preferably in a dosage of 40-1000 mg; 100 to 5000 mg lecithin[[],]; and 30 to 6000 mg N-acetyl cysteine. In an alternate embodiment of the present invention, acetyl-L-carnitine replaces lipoic acid, preferably in a dosage of 50-7000 mg.